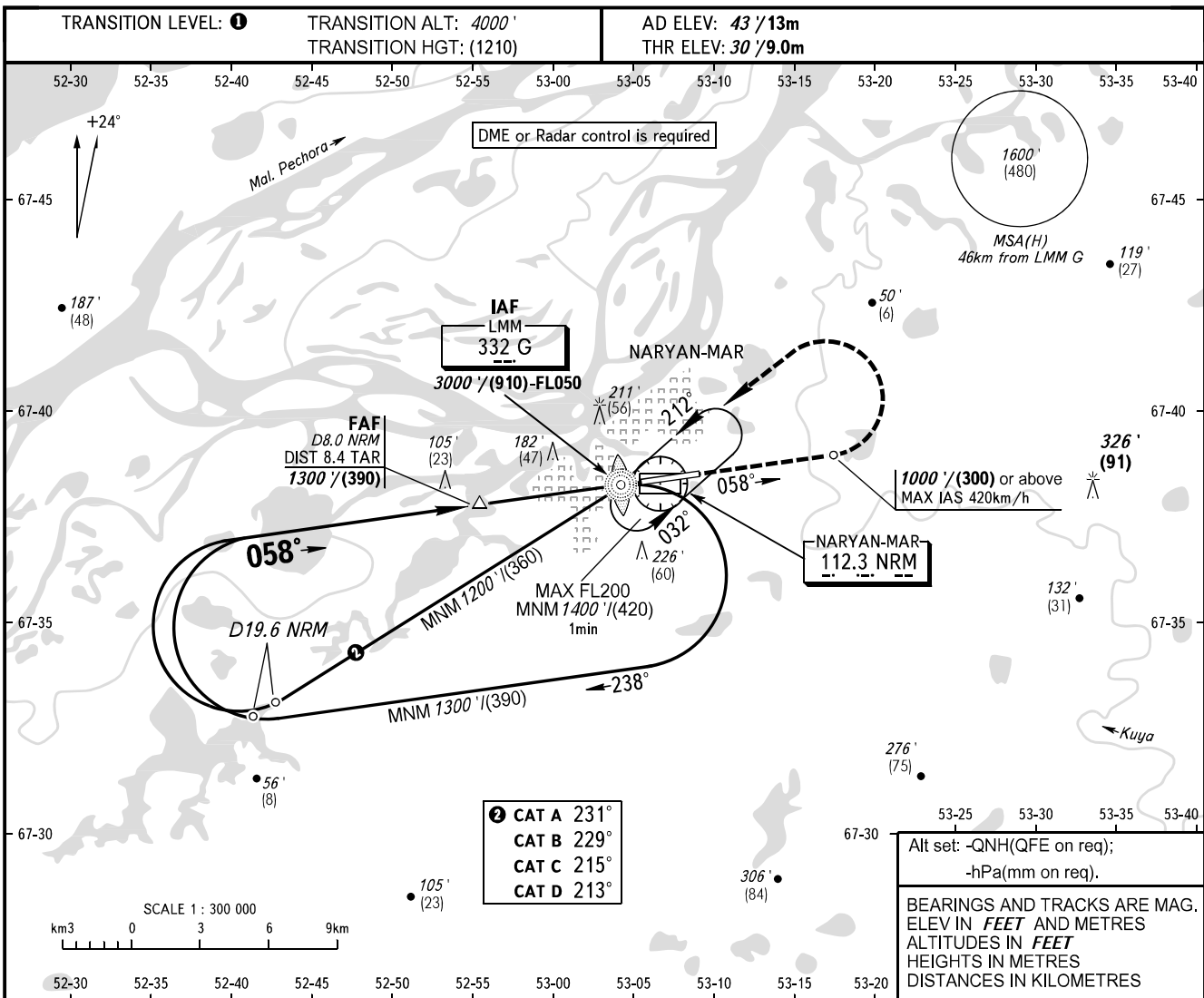


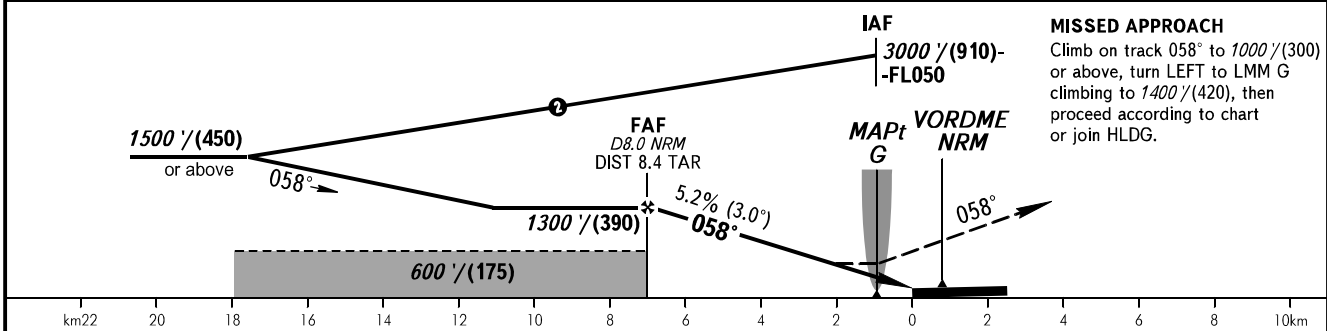
**INSTRUMENT
APPROACH
CHART - ICAO**

PODKHOD	122.000
VYSHKA	127.000

NARYAN-MAR, RUSSIA
NARYAN-MAR
NDB W RWY 06



DME NRM	7.0	5.0	3.0
ALTITUDE/HEIGHT	1150' (345)	800' (235)	460' (135)



OCA(H)	A	B	C	D								
Straight-in Approach	420' (390') (120)	420' (390') (120)	420' (390') (120)	420' (390') (120)								
Circling	510' (470') (145)	540' (500') (155)	640' (600') (185)	740' (700') (215)								
GROUND SPEED	km/h	150	180	210	240	270	300	330	360	390	420	450
RATE OF DESCENT	m/s	2.2	2.6	3.0	3.5	3.9	4.3	4.8	5.2	5.6	6.1	6.5
	ft/min	433	512	591	689	768	847	945	1024	1102	1201	1280

1 TRANSITION LEVEL:
 - FL050 when QNH is 1013 hPa (760mm mercury column) or above;
 - FL060 when QNH is 977 hPa (733mm mercury column) or above, but less than 1013 hPa (760mm mercury column);
 - FL070 when QNH is less than 977 hPa (733mm mercury column).
NOTE
 MAPt at LMM G. Timing not authorized for defining MAPt.