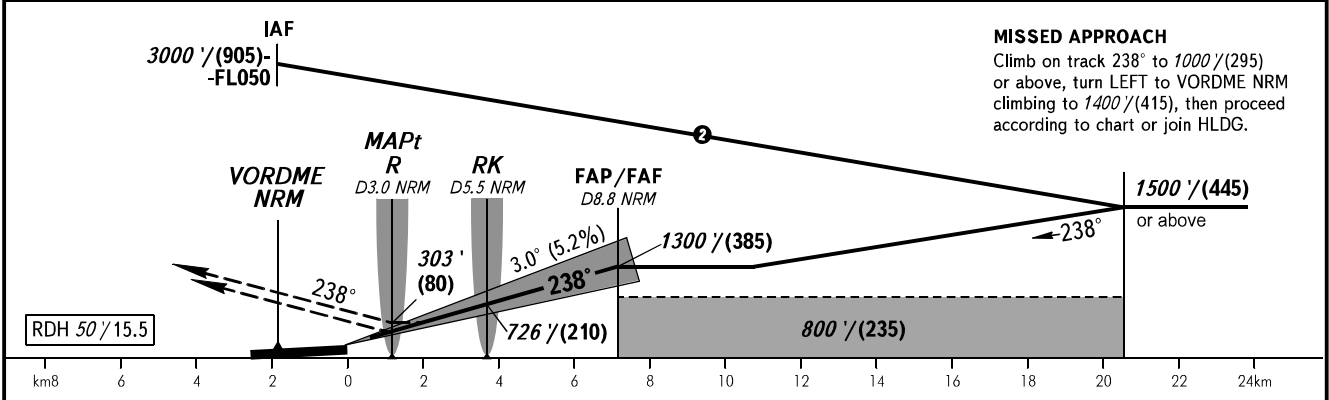
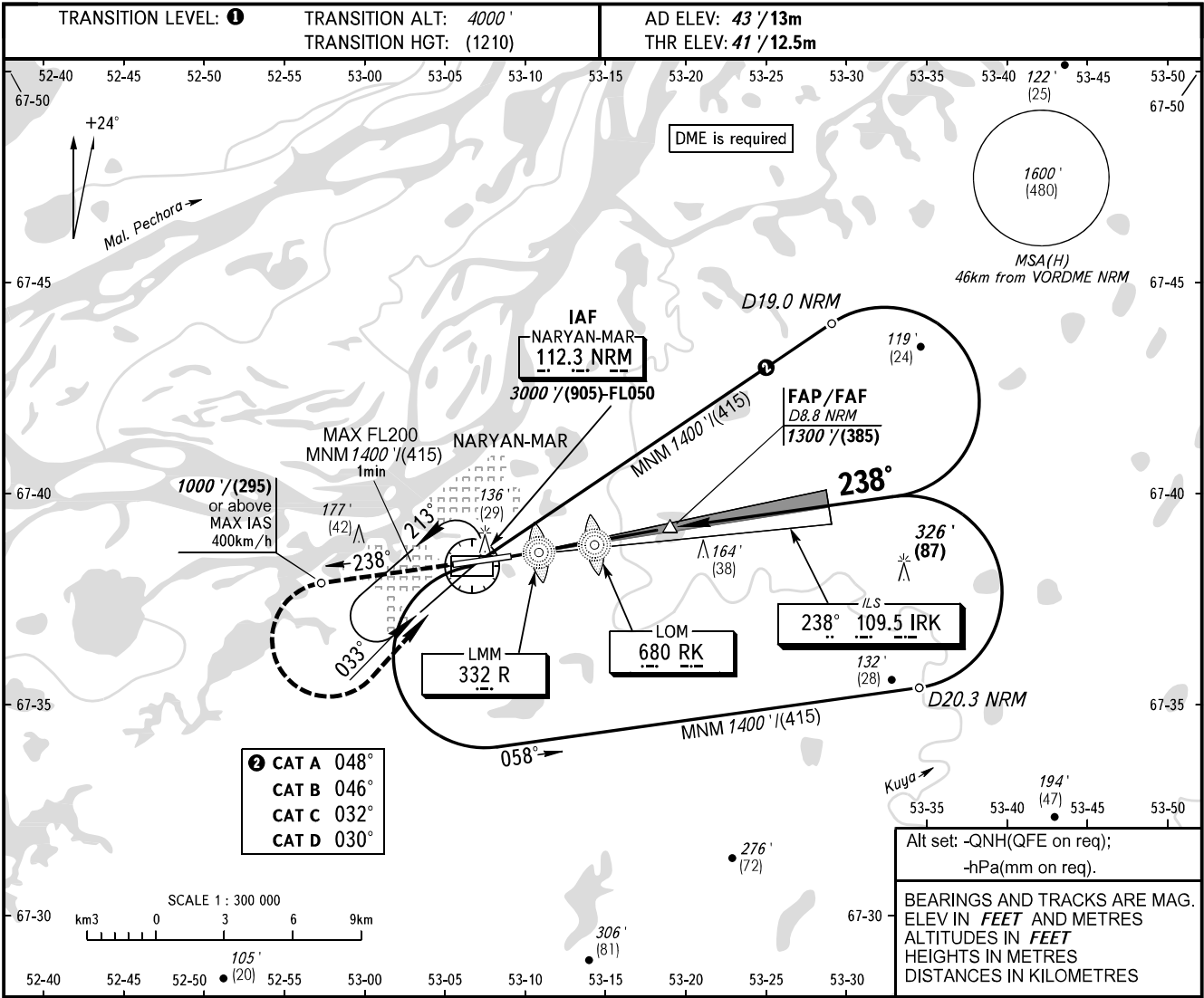


**INSTRUMENT  
APPROACH  
CHART - ICAO**

PODKHOD	122.000
VYSHKA	127.000

**NARYAN-MAR, RUSSIA**  
NARYAN-MAR  
ILS X, LOC X RWY 24



OCA(H)		A	B	C	D	<b>① TRANSITION LEVEL:</b> - FL050 when QNH is 1013 hPa (760mm mercury column) or above; - FL060 when QNH is 977 hPa (733mm mercury column) or above, but less than 1013 hPa (760mm mercury column); - FL070 when QNH is less than 977 hPa (733mm mercury column).									
Straight-in Approach		225' (184') (56)	236' (195') (60)	245' (204') (63)	255' (214') (66)										
	LOC	340' (300') (95)	340' (300') (95)	340' (300') (95)	340' (300') (95)										
Circling		510' (470') (145)	540' (500') (155)	640' (600') (185)	740' (700') (215)										
GROUND SPEED		km/h	150	180	210	240	270	300	330	360	390	420	450		
RATE OF DESCENT		m/s	2.2	2.6	3.0	3.5	3.9	4.3	4.8	5.2	5.6	6.1	6.5		
		ft/min	433	512	591	689	768	847	945	1024	1102	1201	1280		

CHANGE: HGT, Heading